

TUCKSHOP MENU

Fresh Choices

All of our food is made here at the College using freshly cooked meats and vegetables

SANDWICHES & LAVASH WRAPS

Sandwiches are made on wholemeal bread.

Chicken and Salad
Ham and Salad
Cheese and Salad
Egg and Lettuce
Ham, Cheese and Tomato
Chicken, Cheese and Mayonnaise
Chicken, Cheese and Sweet Chilli Sauce

\$3.75

SALAD BOX

Chicken Teriyaki Noodle Salad Chicken Pesto Pasta Salad Ham and Garden Salad Chicken Caesar Salad Garden Salad (Vegetarian)

\$4.50

SUSHI ROLLS

Seasonal, Served with a ginger soy dipping sauce.

Spicy Tuna Sweet Chilli Chicken Satay Chicken Chicken or Beef Teriyaki Avocado



\$5.50

Prinks

A wide variety of drinks are available, including 600ml water, 250ml Breaker milk in various flavours & 300ml Orchy juices.

\$2.20

ALL DIETARY NEEDS CAN BE CATERED FOR WITH PRIOR NOTICE. PLEASE ADVISE STAFF OF YOUR REQUIREMENTS.

Morning tea

Toasted Sandwiches \$3.50

(Ham and Cheese, Ham, Cheese and Tomato or Chicken, Cheese and Mayonnaise)

Assorted Gourmet Pies

Sausage Roll

Spinach and Ricotta Triangle Bacon and Egg Roll or Wrap

\$4.00

MORNING TEA BUNDLE

Any pastry

+

piece of fresh fruit and a cold drink. \$6.00

Snacks

Fresh Fruit Salad	\$3.50
Fruit Salad and Yoghurt	\$3.50
Jelly and Custard Cups	\$3.50
Muffins & Cookies	\$2.50

Hot lunch

Grilled Chicken Breast Wrap with Aioli Crunchy Chicken Burger

\$5.50

CHEF'S LUNCH SPECIAL

Choices may include:

Spaghetti Bolognaise

Savoury Potatoes

Curry and Rice

Lasagne

Fish and Chips (served with lemon and tartare)

\$5.50 meal only

\$6.50 with drink

